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# The brain of teleost fish, a source, and a target of sexual steroids

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Neurosteroids are defined as steroids *de novo* synthesized in the central nervous system. While the production of neurosteroids is well documented in mammals and amphibians, there is less information about teleosts, the largest group of fish. Teleosts have long been known for their high brain aromatase and 5 $\alpha$ -reductase activities, but recent data now document the capacity of the fish brain to produce a large variety of sex steroids. This article aims at reviewing the available information regarding expression and/or activity of the main steroidogenic enzymes in the brain of fish. In addition, the distribution of estrogen, androgen, and progesterone nuclear receptors is documented in relation with the potential sites of production of neurosteroids. Interestingly, radial glial cells acting as neuronal progenitors, appear to be a potential source of neurosteroids, but also a target for centrally and/or peripherally produced steroids.

**Keywords:** neurosteroid, P450<sub>sc</sub>, CYP11a1, 3 $\beta$ -HSD, CYP17, aromatase, radial glial cells, zebrafish

## INTRODUCTION

Similar to that of other vertebrates, the brain of teleost fishes is a target organ of sex and adrenal steroids whose effects have been examined mainly in the context of the neuroendocrine control of reproduction (Zohar et al., 2009). However, while pioneer studies documented some 30 years ago that the brain of adult fish exhibits unusually elevated aromatase and 5 $\alpha$ -reductase activities (Callard et al., 1978), it is only until the last few years that the capacity of the teleost brain to produce true neurosteroids received some attention. As a result, very little is known regarding the activity and/or sites of expression of other steroidogenic enzymes, notably those involved in sex steroid synthesis: CYP11a1 (cytochrome P450 side chain cleavage), CYP17 (P450 17 $\alpha$ -hydroxylase/c17,20 lyase), 3 $\beta$ -HSD (3 $\beta$ -hydroxysteroid dehydrogenase), 17 $\beta$ -HSD (17 $\beta$ -hydroxysteroid dehydrogenase), and 5 $\alpha$ -reductase. In contrast, aromatase that ensures the conversion of androgens into estrogens, has been the focus of intense research which has been reviewed recently (Diotel et al., 2010a). As a consequence, the question remained open as to the central or peripheral origins of aromatizable androgens used as substrates for brain aromatization (Diotel et al., 2011a). This article aims at reviewing the current situation regarding steroidogenesis in the brain of fish and, in particular, highlights the fact that radial glial progenitors (Pellegrini et al., 2007), which persist in the brain of adult teleosts, can be privileged sources and targets for neurosteroids.

## PRELIMINARY REMARKS REGARDING TELEOST FISH

A common misconception is the idea that fish are ancestors to tetrapods. While this is true for ancestral fish, it is wrong when it comes to the largest group of fishes, the teleosts, which comprise around 30,000 species and include most commercially important fish or model species such as the medaka or the zebrafish. In fact,

teleosts belong to the Actinopterygian lineage that separated from the Sarcopterygians some 450 million years ago. While Sarcopterygians, fish with lobed fins, were able to get out of the water to give birth to primitive tetrapods, early Actinopterygians (ray-fined fish) remained in the water and diversified to finally give rise to the enormous group of teleost fishes. Thus, while teleosts share 70% of their genome with mammals, they diverged from tetrapods long time ago and thus present some peculiarities that we intend to highlight in this review.

Another important aspect that also needs to be clarified from the beginning is that, although fish share with tetrapods a number of steroidogenic enzymatic pathways, biologically active compounds are not necessarily exactly the same or do not sustain identical functions according to sex. For example, testosterone is not a male-specific androgen in teleosts where  $\Delta 11$ -oxygenated androgens are acknowledged as the main androgenic steroids mediating male-specific functions or behavior. These androgens, such as 11-oxo-testosterone (11KT) or 11 $\beta$ -hydroxy-androstenedione, are derived from testosterone and androstenedione ( $\Delta 4$ ) after conversion by 11 $\beta$ -hydroxylase (CYP11B), 11 $\beta$ -hydroxysteroid dehydrogenase (11 $\beta$ -HSD), and 17 $\beta$ -HSD. Similarly, teleost fishes possess unique progestagens, such as 17 $\alpha$ ,20 $\beta$ -dihydroxyprogesterone, which plays major functions in final oocyte maturation, meiosis resumption, and sexual behavior.

Another important feature of teleosts is that they experienced an additional whole genome duplication unlike other tetrapods. This duplication, often referred to as 3R (Ravi and Venkatesh, 2008), occurred some 320–350 million years ago. By generating a large number of extra genes, it is believed that 3R has contributed to the rapid speciation and diversification of teleosts. As a result, fish often have duplicated genes and this is, among others, the case of genes of importance for this review such as

*cyp19a1* encoding aromatase or estrogen receptor beta  $\beta$  (*ER $\beta$*  or *esr2a*).

Finally, it must be stressed out that the adult fish brain differs from the mammalian one by its very active ubiquitous neurogenesis (Ekström et al., 2001), which is supported by persisting radial glial cells (RGC; Pellegrini et al., 2007). Furthermore, as described below, aromatase is only expressed in such radial progenitors, which may also express other steroidogenic enzymes. Thus, a potential function of neurosteroids in fish brain could be to modulate this neurogenic process.

## DE NOVO STEROID SYNTHESIS IN THE BRAIN OF TELEOSTS

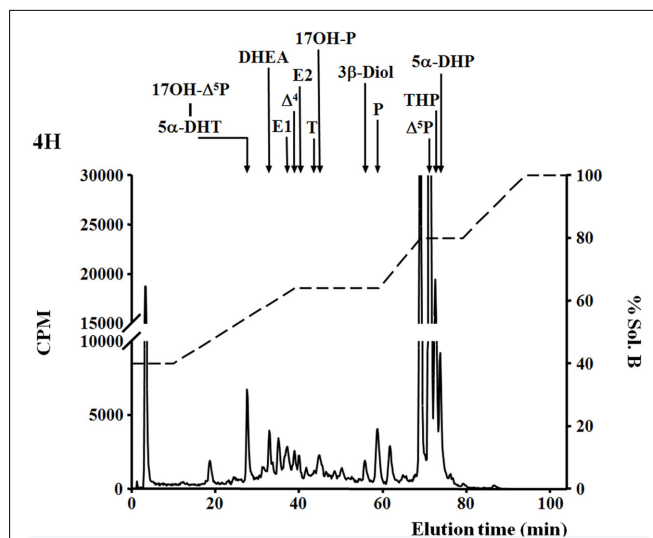
### AROMATASE ACTIVITY

In teleost fishes, studies in the 1980s first documented the presence of high aromatase and 5 $\alpha$ -reductase activities in the brain of adult goldfish (*Carassius auratus*) and toadfish (*Opsanus tau*) of both sexes. These activities vary according to the sex cycle, and steroid treatments were consistently shown to increase aromatase activity (Pasmanik and Callard, 1985, 1988; Pasmanik et al., 1988). The occurrence of a high aromatase activity was confirmed in many teleost species (Pasmanik and Callard, 1985, 1988; Borg et al., 1987a,b; Timmers and Lambert, 1987; Timmers et al., 1987; Andersson et al., 1988; Mayer et al., 1991; Gonzalez and Piferrer, 2002, 2003; Piferrer and Blazquez, 2005) and was later found to correspond to expression of a brain-specific aromatase form, brain aromatase, generated by one of two duplicated *cyp19a1* genes (see below). The most detailed information was obtained in the European sea bass showing that brain aromatase has a high affinity for androstenedione and that the brain maximum reaction rate ( $V_{\max}$ : 7.8 pmol/mg protein/h) was four times higher ( $P < 0.001$ ) than the ovarian one (2.1 pmol/mg protein/h; Gonzalez and Piferrer, 2002, 2003).

In the brain of African catfish, the distribution of aromatase activity was studied in more detail using punches (0.3 mg of tissue) taken from 500- $\mu$ m-thick transverse sections incubated with [19- $^3$ H]-androstenedione. The highest activity (3.7 pmol) was detected in the preoptic region, followed by the caudal hypothalamus and the telencephalon (2.5 pmol; Timmers and Lambert, 1987; Timmers et al., 1987). Similar activities (2.3 pmol) were found in the most rostral part of the telencephalon and the dorsal part of the mesencephalon, i.e., in the tectum opticum and torus semicircularis. A moderate aromatase activity was observed in other parts of the brain, except for the cerebellum and hindbrain, in which aromatase activity was hardly detectable (0.1–0.3 pmol). As detailed below, these data match closely the distribution of brain aromatase mRNA and protein.

### METABOLIC ACTIVITY OF OTHER STEROIDOGENIC ENZYMES

More recently, 3 $\beta$ -HSD activity was reported in the brain of adult zebrafish (Sakamoto et al., 2001; Diotel et al., 2011a). Biochemical studies combined with HPLC analysis showed that the zebrafish brain converts pregnenolone into progesterone, indicating 3 $\beta$ -HSD enzymatic activity. This activity could be substantially inhibited by 10 $^{-4}$  M trilostane, a specific inhibitor of 3 $\beta$ -HSD (Sakamoto et al., 2001). In another recent study, zebrafish brain extracts were incubated with [ $^3$ H]-pregnenolone, resulting in the identification of aromatizable androgens and a



**FIGURE 1 | De novo steroid synthesis by the brain of adult zebrafish.**

RP-HPLC analysis of radioactive steroids formed after a 4 h incubation of 14 adult zebrafish brains with [ $^3$ H]-pregnenolone ([ $^3$ H]- $\Delta^5$ P). The ordinate axis indicates the radioactivity measured in the HPLC eluent. The dashed lines represent the gradient of secondary solvent (% solution B). The arrows indicate the elution positions of standard steroids: 17OH- $\Delta^5$ P, 17-hydroxypregnenolone; 5 $\alpha$ -DHP, 5 $\alpha$ -dihydro-progesterone; 5 $\alpha$ -DHT, 5 $\alpha$ -dihydro-testosterone; DHEA, dehydroepiandrosterone;  $\Delta^4$ , androstenedione; T, testosterone; 17OH-P, 17-hydroxyprogesterone; P, progesterone;  $\Delta^5$ P, pregnenolone; E1, estrone; E2, 17 $\beta$  estradiol; 3 $\beta$ -diol,  $\alpha$ -Androstane-3 $\beta$ , 17 $\beta$ -diol; THP, tetrahydro-progesterone.

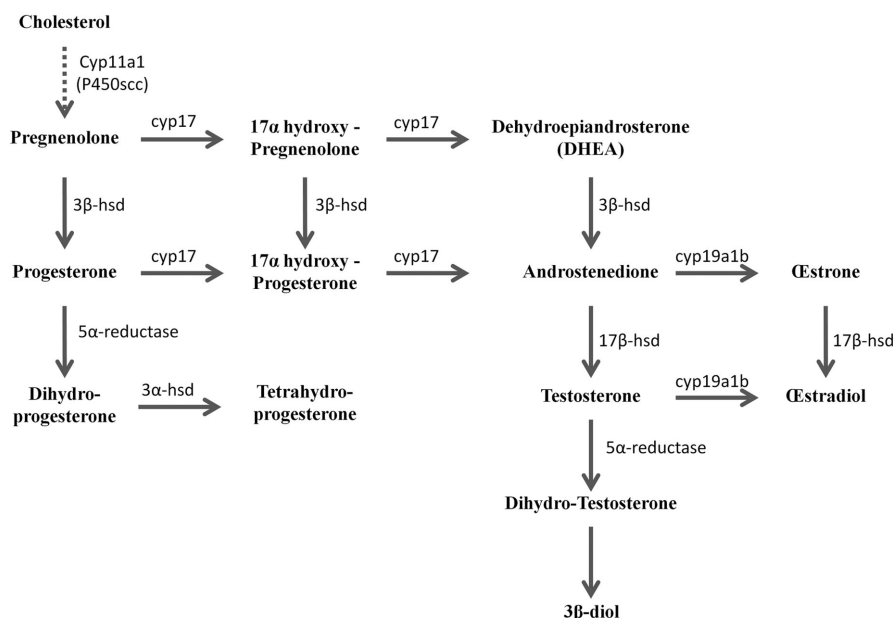
number of other compounds (Figure 1) (Diotel et al., 2011a). Among the identified steroids figured 17hydroxy-pregnenolone, dehydroepiandrosterone (DHEA), androstenedione, testosterone, dihydro-testosterone (DHT), 17 $\beta$ -estradiol (E2), estrone (E1), progesterone (P), and dihydro- and tetrahydro-P (Figure 1). Based on these data, it is very likely that the brain of adult zebrafish exhibits at least the following biologically active enzymes: 3 $\alpha$ -HSD (3 $\alpha$ -hydroxysteroid dehydrogenase), 3 $\beta$ -HSD, CYP17 (17 $\alpha$ -hydroxylase/17,20 lyase/17,20 desmolase), aromatase, 17 $\beta$ -HSD, and 5 $\alpha$ -reductase (Diotel et al., 2011a). These data confirmed previous studies showing the existence of 3 $\beta$ -HSD, aromatase, and 5 $\alpha$ -reductase activities in the brain of adult fish (Pasmanik and Callard, 1985; Sakamoto et al., 2001) and provided new information concerning steroidogenic enzyme activities. Figure 2 summarizes the active biosynthetic pathways of neurosteroid formation in the brain of adult zebrafish.

Confirming these data, a number of studies have demonstrated the expression of the main steroidogenic enzymes in the brain of fish, either in adults or in their developmental stages (Mathieu et al., 2001; Goto-Kazeto et al., 2004; Arukwe, 2005; Menuet et al., 2005; Lyssimachou and Arukwe, 2007; Tomy et al., 2007; Chen et al., 2010a; Diotel et al., 2010a,b, 2011a).

## EXPRESSION OF THE MAIN STEROIDOGENIC ENZYMES IN THE FISH BRAIN

### CYP11A1: CYTOCHROME P450 SIDE-CHAIN CLEAVAGE

The cholesterol side-chain cleavage enzyme, P450<sub>scc</sub>, initiates the biosynthesis of all steroid hormones, by converting the



**FIGURE 2 | Active biosynthetic pathways of neurosteroid formation in the brain of adult zebrafish (Reproduced from Diotel et al., 2011a with the kind permission of John Wiley & Sons Ltd.).** Cyp11a1 (P450scc), cytochrome P450 side-chain cleavage; Cyp17, cytochrome P450 17 $\alpha$ -hydroxylase/C17, 20-lyase; Cyp19a1b, brain aromatase; 3 $\alpha$ -HSD,

3 $\alpha$ -hydroxysteroid dehydrogenase; 3 $\beta$ -HSD, 3 $\beta$ -hydroxysteroid dehydrogenase; D5–D4 isomerase; 3 $\beta$ -diol, 5 $\alpha$ -androstane-3 $\beta$ , 17 $\beta$ -diol; 5 $\alpha$ -R, 5 $\alpha$ -reductase; 17 $\beta$ -HSD, 17 $\beta$ -hydroxysteroid dehydrogenase. Full line arrows show active steroidogenic biosynthetic pathway in the brain of adult zebrafish. Dashed line arrow show undetermined steroidogenic biosynthetic pathway.

precursor cholesterol into the C<sub>21</sub>-steroid, pregnenolone ( $\Delta^5$ P). The cytochrome P450scc is a mitochondrial enzyme encoded by the *Cyp11a1* gene (Lieberman et al., 1984). It cleaves the C-20/C-22-carbon/carbon, shortening the side chain of the precursor by six carbon atoms (Lieberman and Lin, 2001). The conversion of cholesterol into pregnenolone occurs in three monooxygenase reactions. Two hydroxylations of the cholesterol side chain take place, generating first 22R-hydroxycholesterol and 20 $\alpha$ , 22R dihydroxycholesterol. Finally, there is a cleavage between carbons 20 and 22, leading to the synthesis of pregnenolone and isocaproic acid.

In zebrafish, *cyp11a1* transcripts were detected early during the development, notably in the yolk syncytial layer. In adults, *cyp11a1* mRNAs were reported in the gonads, the interrenal glands, and the brain (Hsu et al., 2002; Hu et al., 2004). Real time-polymerase chain reaction (RT-PCR) and whole mount hybridization clearly showed that the *cyp11a1* transcripts were expressed in different parts of the zebrafish brain, such as the telencephalon, the preglomerular area, and the hypothalamus (Hsu et al., 2002). Nevertheless, whole mount hybridization did not allow identifying precisely the distribution of *cyp11a1* mRNA. More recent investigations in zebrafish brain documented a wide expression of the *cyp11a1* transcripts in the forebrain, spanning from the olfactory bulbs to more caudal parts of the brain such as the cerebellum. The *cyp11a1* transcripts were notably detected in the subpallium, the anterior and mediobasal hypothalamus, or also in the optic tectum (Diotel et al., 2011a; Table 1; Figures 3 and 4). However, *cyp11a1* gene expression appeared lower than that of other steroidogenic enzyme genes.

#### P450 17 $\alpha$ -HYDROXYLASE/C17,20 LYASE: P450C17 (CYP17)

Cytochrome P450 17 $\alpha$ -hydroxylase/c17,20 lyase (P450c17) is a microsomal enzyme involved in steroid synthesis. The P450c17 enzyme is critical for steroidogenesis and exhibits two different activities, hydroxylase and lyase. Indeed, P450c17 catalyzes the hydroxylation of the C<sub>21</sub> steroids (pregnenolone and progesterone) at carbon 17 of the steroid D ring (hydroxylase activity), but also acts upon 17-hydroxypregesterone and 17-hydroxypregnenolone, produced by the hydroxylase process, to split off the side chain from the steroid nucleus (the lyase activity; Miller et al., 1997).

Expression of *P450c17* was first documented in brain extracts of male and female fathead minnow (*Pimephales promelas*) by RT-PCR and southern hybridization technique (Halm et al., 2003). The expression was about 30 times lower in the gonads than in the brain (Halm et al., 2003). Later, P450c17 expression was detected in the brain of different fish species, including the rice field eel (Yu et al., 2003), black porgy (Tomy et al., 2007, 2009), zebrafish (Wang and Ge, 2004; Diotel et al., 2011a), and rainbow trout (Vizziano-Cantonnet et al., 2011). In the tongue sole (*Cynoglossus semilaevis*), semiquantitative RT-PCR showed that cytochrome P450c17 was predominantly expressed in the ovaries and the brain (Chen et al., 2010a). In zebrafish, P450c17 gene expression was also reported in gonadal and extra-gonadal tissues (Wang and Ge, 2004). This study notably revealed that *cyp17* gene expression is lower in females than in male zebrafish (Wang and Ge, 2004).

Until recently, the precise sites of *cyp17* expression in the fish brain have not elucidated. Recent studies in zebrafish indicate that *cyp17* mRNA is widely expressed in the brain in a way similar

**Table 1 | Distribution and relative abundance of *cyp11a1*, *3 $\beta$ -hsd*, *cyp17*, and *cyp19a1b* mRNAs in the brain of adult zebrafish.**

	<i>cyp11a1</i> (P450 <sub>scc</sub> )	<i>3<math>\beta</math>-hsd</i>	<i>cyp17</i>	<i>cyp19a1b</i> Cyp19a1b
<b>OLFACTORY BULBS</b>				
Internal cellular layer (ICL)	+	++	++	+
External cellular layer (ECL)	+	++	++	–
Glomerular layer (GL)	+	++	++	+
<b>SUBPALLIUM</b>				
Dorsal part (Vd)	++/–	+++	++	+++
Ventral part (Vv)	++	++	+++	+++
<b>PALLIUM</b>				
Central zone of D (Dc)	+	++	++	–
Lateral zone of D (DI)	+	++	+++	–
Medial zone of D (Dm)	+	++	+++	–
Posterior zone of D (Dp)	+/–	++	++	++
<b>AREA PREOPTICA</b>				
Anterior parvocellular preoptic nucleus (PPa)	++	+++	++	++++
Posterior parvocellular preoptic nucleus (PPp)	+++	+++	+++	++++
Suprachiasmatic nucleus (SC)	+++	++	+++	+++
Magnocellular preoptic nucleus (PM)	++/–	+	++	++
<b>HYPOTHALAMUS</b>				
Ventral zone of the periventricular nucleus (Hv)	+++	+++	+++	++++
Anterior tuberal nucleus (ATN)	+++	++	+++	++
Lateral hypothalamic nucleus (LH)	+++	++	+++	++
Cells surrounding laterocaudal ventricular recesses (LR)	+++	++	++	++
Cells surrounding posterior ventricular recesses (PR)	++	++	+++	++++
Caudal zone of the periventricular hypothalamus (Hc)	+++	++	+++	++
Dorsal zone of periventricular hypothalamus (Hd)	++	++	+++	+
Diffuse nucleus of the inferior lobe (DIL)	+++	+++	+++	–
Central nucleus of the inferior lobe (CIL)	++	++	+++	–
<b>MESENCEPHALON</b>				
Tectum opticum (TeO)	+++	+++	+++	+/–
Torus longitudinal (TL)	++	+++	+++	+
Torus semicircularis (TS)	++	++	++/–	+
Cerebellum (VCe + Ce)	+++	+++	+++	+/–

The following scale was used: +++, high density; ++, moderate density; +, low density; +/-, very low density; –, no mRNA expression; ND, not determined.

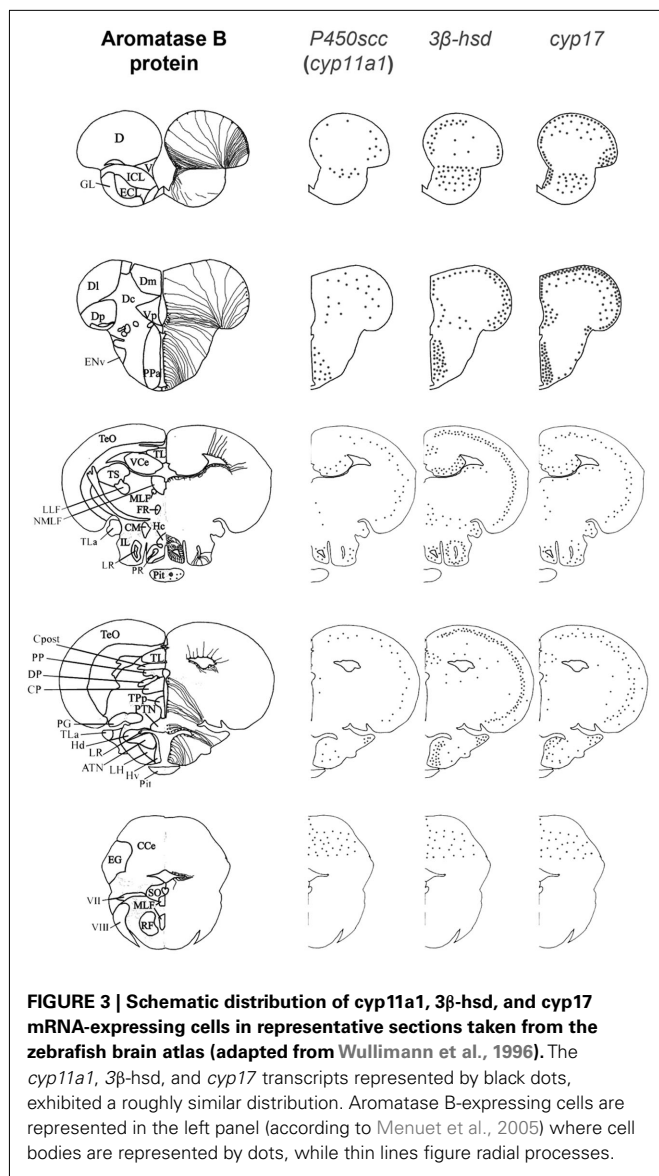
to what was described above for the *cyp11a1* gene. Indeed, *cyp17* mRNAs were detected in the olfactory bulbs, the ventral and dorsomedial telencephalon, the preoptic area, various nuclei in the hypothalamus, the optic tectum, and the cerebellum (Diotel et al., 2011a; **Table 1**; **Figures 3** and **4**).

#### **$\beta$ -HYDROXYSTEROID DEHYDROGENASE/ $\Delta$ -5-4 ISOMERASE**

The  $3\beta$ -HSD protein is a key steroidogenic enzyme. Through oxidizing and isomerizing reactions, it mediates the synthesis of progesterone from pregnenolone, 17-hydroxyprogesterone from 17-hydroxypregnenolone, and also androstenedione from dehydroepiandrosterone (DHEA). While  $3\beta$ -HSD received some attention in the brain and the pituitary gland of the sarcopterygian African lungfish (*Protopterus annectens*) there is virtually no information on Actinopterygians, with the exception of zebrafish. In the African lungfish,  $3\beta$ -HSD-like immunoreactivity occurs in cell bodies and fibers in various brain areas, notably in the pallium, the thalamus, the hypothalamus, the tectum, and the

periaqueductal gray (Mathieu et al., 2001). In the brain of adult zebrafish,  $3\beta$ -HSD-like immunoreactivity was detected in the dorsal telencephalic areas, the central posterior thalamic nucleus, the preoptic nuclei, and the posterior tuberal nucleus (Sakamoto et al., 2001). This  $3\beta$ -HSD-like immunoreactivity was observed in cells with neuron-like morphology and in fibers mainly running in the anterior part of the brain (Sakamoto et al., 2001). This distribution is in contrast with data obtained from *in situ* hybridization showing expression in the olfactory bulbs, the ventral and dorsomedial telencephalon, the preoptic area, various nuclei of the hypothalamus, the optic tectum, and cerebellum. It should be noted that, this distribution is very similar to that reported for other steroidogenic enzymes such as P450<sub>scc</sub>, *cyp17*,  $3\beta$ -hsd, and aromatase (**Figures 3** and **4**).

Interestingly, the three steroidogenic enzymes exhibit a similar overall pattern in most of the brain regions, suggesting their potential expression in the same cells, or at least the existence of true neurosteroidogenic brain regions, such as the preoptic area,



the hypothalamus, and the cerebellum. Although the wide expression of *3β-hsd* mRNA nicely matches with the distribution of *3β-HSD*-immunoreactivity reported by Sakamoto et al. (2001), i.e., in the telencephalon, the preoptic area, the valvula cerebella, and the cerebellum, we also detected *3β-hsd* transcripts in other regions, such as the hypothalamus and the optic tectum, and in neurons surrounding the lateral recess (Diotel et al., 2011a; **Table 1; Figures 3 and 4**).

#### 17β-HYDROXYSTEROID DEHYDROGENASE: 17βHSD

The 17β-HSD proteins form a group of key enzymes involved in the last steps of steroid biosynthesis. These enzymes catalyze the conversion of 17-ketosteroids, such as D4 and estrone, and that of 17β-hydroxysteroids, such as testosterone and 17β-estradiol, by reduction, or oxidation at position C17 of the steroid backbone (Lin et al., 1997; Peltoketo et al., 1999; Adamski and Jakob, 2001; Do Rego et al., 2009). In fact, 17β-HSD converts estrone into

estradiol (and *vice versa*). Because 17β-HSD type 3 exhibits the highest catalyzing activity is considered that is the main enzyme in the reduction of androstenedione into testosterone in mammalian and non-mammalian vertebrates, (Mindnich and Adamski, 2007). Interestingly, fish have nine types of 17β-HSD and only four of them (17β-HSD type 1, 2, 3, and 12) have been characterized with respect to their catalytic activity and expression pattern (Mindnich et al., 2004, 2005, 2007; Mindnich and Adamski, 2007, 2009). In fish, the first 17β-HSD (type 1 homolog) was cloned in the Japanese eel (Kazeto et al., 2000) and displays substrate specificity similar to its human homolog. Interestingly, in 1991, extra-gonadal 17β-hydroxysteroid dehydrogenase activity was found in the rainbow trout brain (Schulz and Blum, 1991). In zebrafish, 17β-HSDs are not only expressed in steroidogenic organs linked to reproduction, namely testis and ovarian follicles (Mindnich et al., 2005; Ings and Van Der Kraak, 2006), but also, as RT-PCR experiments have demonstrated in the brain of both male and female zebrafish (Mindnich et al., 2004, 2005, 2007). However, the authors reported loss of 17β-HSD type 2 enzyme activity in zebrafish (Mindnich et al., 2007). Detailed studies on the precise sites of expression of 17β-HSD in the fish brain are lacking.

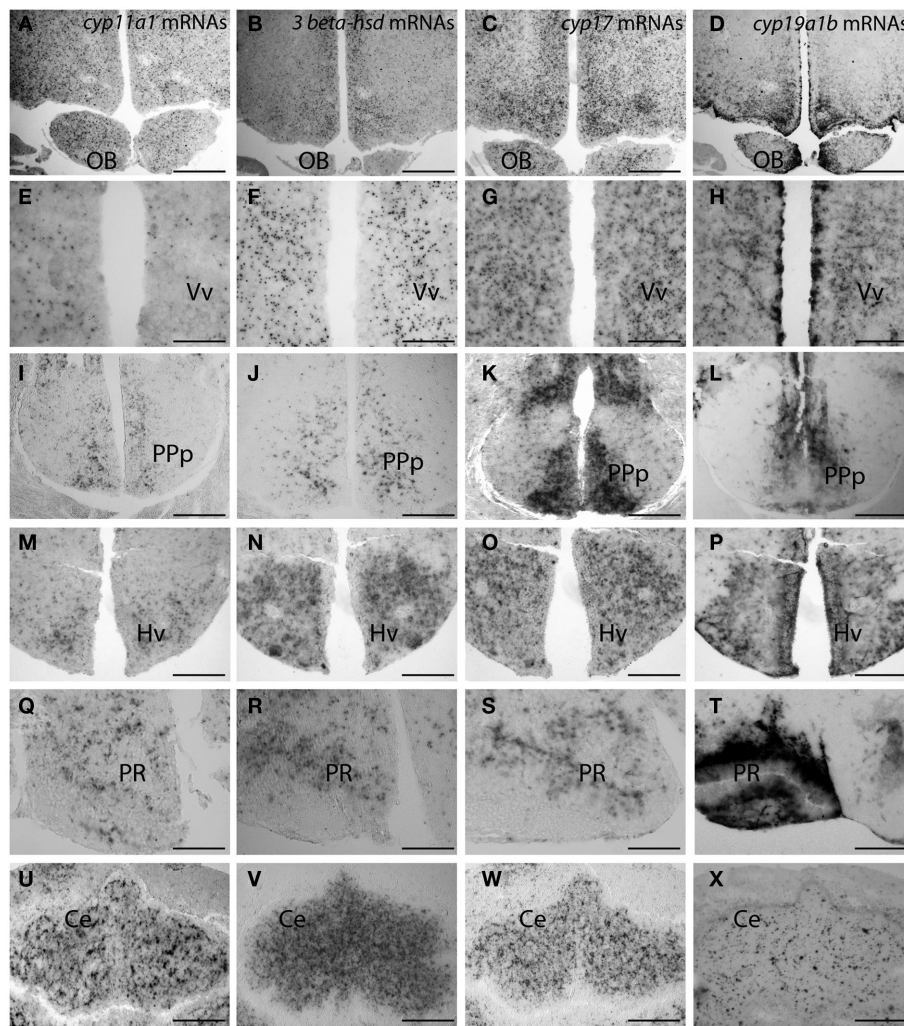
#### 5α-REDUCTASE

Also known as 3-oxo-5-α-steroid 4-dehydrogenases, 5α-reductase is a microsomal enzyme that reduces the C4–C5 double bond of several steroid substrates (Russell and Wilson, 1994; Do Rego et al., 2009). For example, 5α-reductase leads to the conversion of testosterone into the more potent androgen 5α-dihydro-testosterone (or also of progesterone into 5α-dihydro-progesterone and 11-deoxycorticosterone into 5α-dihydrodeoxycorticosterone (for review: Do Rego et al., 2009). It is also important to mention that aromatase and 5α-reduction are required for the full expression of testosterone actions in neuroendocrine tissues. Very interestingly, the brain of teleost fish has been shown to exhibit a high 5α-reductase activity (Callard et al., 1978, 1980; Pasmanik and Callard, 1985). This intense 5α-reductase activity was notably detected in goldfish and toadfish (Pasmanik and Callard, 1985, 1988; Pasmanik et al., 1988). We recently confirmed the existence of a high 5α-reductase activity in the brain of adult zebrafish (Diotel et al., 2011a; **Figure 1**).

In teleost fish, 5α-reductase activity was reported to be uniformly distributed throughout the brain. In addition, an increase was shown in brain 5α-reductase activity when fish were reproductively inactive, which is in sharp contrast to aromatase (Pasmanik and Callard, 1988). Differing from aromatase activity that is up-regulated by estradiol or testosterone treatments in reproductively inactive fish, 5α-reductase activity was unaffected by steroid treatment in both reproductively active and inactive fish (Pasmanik et al., 1988).

#### CYP19A1B/AROMATASE B: BRAIN AROMATASE

Aromatase is part of a key enzymatic complex bound to the endoplasmic reticulum, which also includes the ubiquitous flavo-protein, NADPH cytochrome P450 reductase (Simpson and Davis, 2001; Diotel et al., 2010a). This enzymatic complex is the last of the steroidogenic synthetic pathway, and allows the conversion of aromatizable androgens into estrogens. In the teleost lineage, the



**FIGURE 4 | Distribution of *cyp11a1* (P450SCC),  $3\beta$ -hsd, and *cyp17* transcripts in the brain of adult zebrafish.** (Reproduced from Diotel et al., 2011a with the kind permission of John Wiley & Sons Ltd.). *Cyp11a1*,  $3\beta$ -hsd, *cyp17*, and *cyp19a1b* mRNAs were detected with antisense probes at the junction between the olfactory bulbs and the telencephalon (A–D), in the ventral nucleus of the ventral telencephalic area (E–H), in the posterior part of the preoptic area (I–L), in the ventral zone of the periventricular hypothalamus

(M–P), in the nucleus of the recessus posterioris (Q–T), and in the cerebellum (U–X). Note that in (A–H) and (M–P), hybridization was performed on parallel sections of the same brain. Ce, cerebellum; Hv, ventral zone of the periventricular hypothalamus; OB, olfactory bulbs; PPp, posterior part of the preoptic area; PR, posterior recess; Vv, ventral nucleus of the ventral telencephalic area. Scale bars: 80  $\mu$ m in A, B, C, D, I, K, M, N, O, and P; 40  $\mu$ m in J, L, U, V, W, and X; 20  $\mu$ m in E, F, G, and H.

3R whole genome duplication (Steinke et al., 2006) led to a large number of newly duplicated genes, among which *cyp19a1* gene encoding aromatase. In most fish studied, two aromatase genes: the *cyp19a1a* gene, coding for aromatase A and mainly expressed in the gonads, and aromatase B, encoded by the *cyp19a1b* gene that is mainly expressed in the brain. Two such genes were identified in an increasing number of species including the rainbow trout (Tanaka et al., 1992; Valle et al., 2002), the zebrafish (Chiang et al., 2001; Kishida and Callard, 2001), the Nile tilapia (Kwon et al., 2001), the European sea bass (Blazquez and Piferrer, 2004), the protogynous wrasse, *Halichoeres tenuispinis* (Choi et al., 2005), the killifish (Greytak et al., 2005), the orange-spotted grouper *Epinephelus coioides* (Zhang et al., 2004), and the rice field eel, *Monopterus albus* (Zhang et al., 2008). However, until now, only

one gene, more closely related to ovarian aromatase, has been reported in the Japanese eel (Ijiri et al., 2003).

In the fish brain, aromatase is the steroidogenic enzyme that has received most attention. Indeed, a wealth of information is available regarding aromatase activity, regulation, and expression in the brain (Pellegrini et al., 2005; Mouriec et al., 2008; Kah et al., 2009; Diotel et al., 2010a; Le Page et al., 2010). While pioneer studies as early as 1978 revealed that the brain of adult teleost fish exhibits strong aromatase activity (Callard et al., 1978, 1990; Pasmanik and Callard, 1985, 1988), it lasted till 2001 that Forlano et al. (2006) localized aromatase-expressing cells, using *in situ* hybridization and immunohistochemistry. They studied the brain of the plainfin midshipman (*Porichthys notatus*), a Batrachoidiform toadfish that is being intensively studied for its interesting



sexual behavior. Aromatase transcripts were detected in the ventricular regions of the hindbrain, notably within the sonic motor nucleus, but also in the midbrain and in the forebrain (Forlano et al., 2001, 2006). Strikingly, aromatase expression was found to be restricted to a peculiar cell-type, the RGC, which was confirmed in several fish species (Menuet et al., 2003, 2005; Strobl-Mazzulla et al., 2008; Tong et al., 2009). Consistent with the localization of aromatase mRNAs, aromatase-positive cells exhibit small cell bodies localized along the brain ventricles and extending long cytoplasmic processes that reach the basal surface of the brain (Forlano et al., 2001, 2006). In addition, aromatase expression was closely related to that of GFAP (glial fibrillary acid protein, a well established marker of glial cells, best known for its expression in mammalian astrocytes (Forlano et al., 2001). Furthermore, aromatase-immunoreactive cells never exhibited neuronal markers such as HuC/D (Forlano et al., 2001).

The above data were confirmed by a similar study performed in the rainbow trout where, similarly, aromatase B transcripts were strongly detected in the periventricular layers of the anterior brain, in the tel-, di-, and mes-encephalon, in a way similar to the plain midshipman (Forlano et al., 2001). Main reproduction-related brain regions, viz. hypothalamus and preoptic area, strongly express aromatase transcripts. Strikingly, the pituitary gland and the saccus vasculosus also exhibit a strong hybridization signal (Menuet et al., 2003). Aromatase antisera from toadfish were successfully applied in rainbow trout (Menuet et al., 2003), in which aromatase-immunoreactive cells were detected in the three different lobes of the pituitary and in, possibly, ependymal, cells bordering the ventricles of the telencephalon and the ventral diencephalon, with a high expression in the preoptic area and the hypothalamus (Menuet et al., 2003). Aromatase-immunoreactive cells exhibit a small, ovoid nucleus, and are located along the ventricles, protruding a short end foot toward the ventricle and a long radial process ending near the pial surface (Menuet et al., 2003). Such positive cells were also observed in the torus semicircularis and in the optic tectum, where cell bodies were localized in the ependymal wall while their long processes crossed all tectal layers.

More recently, aromatase B and its mRNA were extensively studied in zebrafish (Goto-Kazeto et al., 2004; Pellegrini et al., 2005; Tong et al., 2009; Diotel et al., 2010a,b, 2011a; Le Page et al., 2010). The results clearly showed that aromatase B mRNA expression is similar to that reported in the plainfin midshipman and rainbow trout. Brain aromatase transcripts were found in the periventricular layers of the olfactory bulb, the ventral telencephalon, the preoptic area, the hypothalamus, and in the anterior and posterior lobes of the pituitary. Interestingly, in the zebrafish brain, the hybridization signal was distributed not only along the ventricular layer, but also within the parenchyma, far away from the nucleus of the radial cells (Menuet et al., 2005; Diotel et al., 2010a,b). With specific zebrafish aromatase B antisera (Menuet et al., 2005; Pellegrini et al., 2005) the distribution of aromatase B immunoreactive cells was shown to perfectly match *in situ* hybridization data, thereby confirming that aromatase B expression is restricted to RGC (Menuet et al., 2003; Pellegrini et al., 2005, 2007; Mouriec et al., 2008; Kah et al., 2009; Diotel et al., 2010a,b; Le Page et al., 2010; März et al., 2010). This expression is mainly observed in the olfactory bulbs, the telencephalon,

the preoptic area, and the hypothalamus. However, positive cells were also detected in the optic tectum, the torus semicircularis, and around the fourth ventricle (Table 1; Figure 3).

## STEROID TARGETS IN THE BRAIN OF FISH

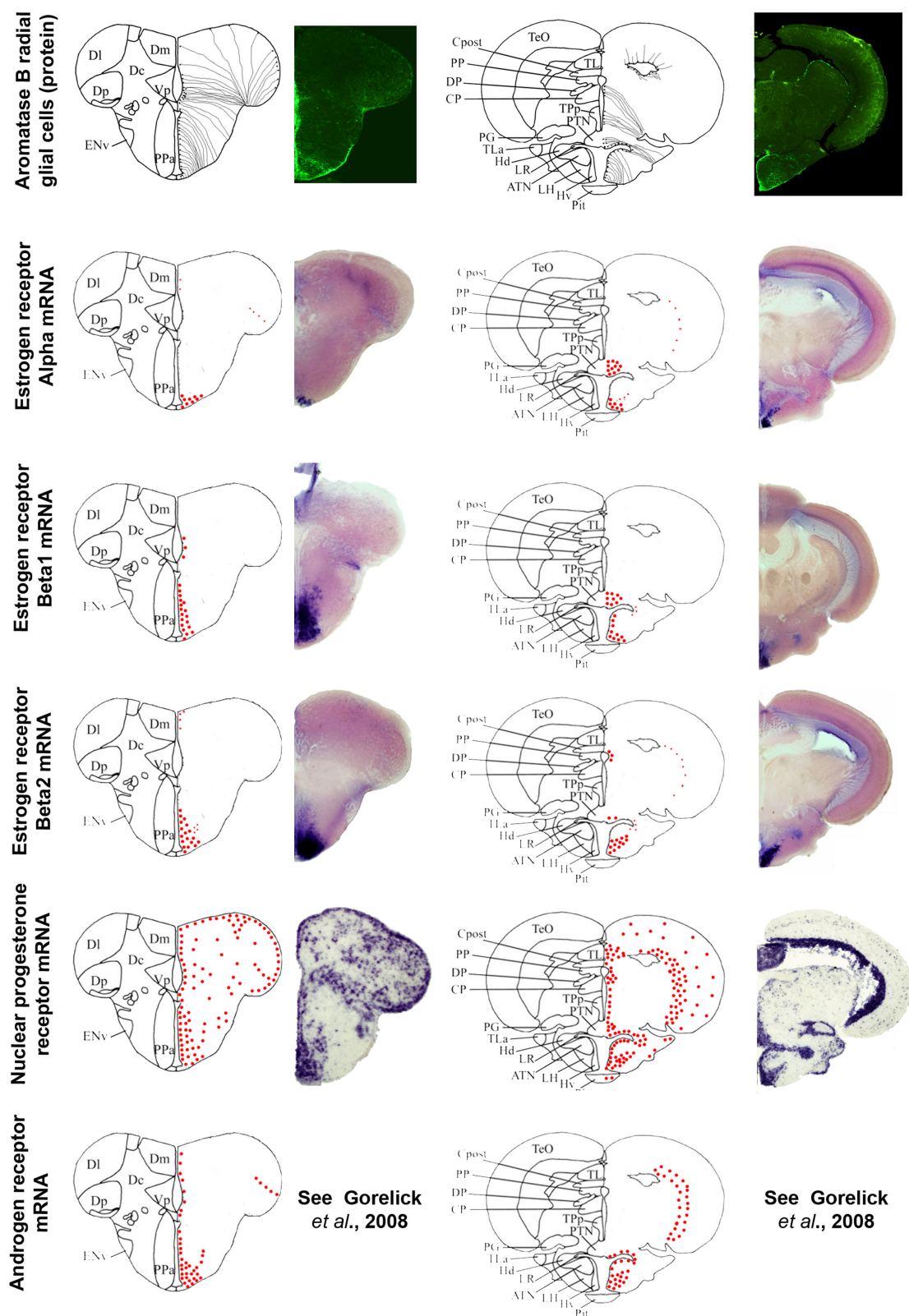
The data mentioned above clearly indicate that not only peripheral steroids, but also neurosteroids, affect brain functions. Below, we will deal with the existing knowledge regarding expression in the teleost brain of “classical” nuclear steroid receptors for progesterone, androgens, and estrogen (see also Figure 5).

### PROGESTERONE RECEPTORS

Information documenting the expression of progesterone receptors (Pgr), either nuclear or membrane-bound, in the brain of fish is scarce. In zebrafish, a single nuclear Pgr locus and a unique full-length *pgr* transcript were characterized (Chen et al., 2010b; Hanna et al., 2010). Nuclear Pgr binding assays and dual transactivation/transcription assays clearly established that progestins, including progesterone, 17-hydroxyprogesterone, dihydroprogesterone, and 4-pregnen-17,20 $\beta$ -diol-3-one (17,20- $\beta$ -DHP) actively and specifically bind and activate zebrafish Pgr (Chen et al., 2010b; Hanna et al., 2010). According to data in zebrafish, Pgr are strongly expressed and exhibit a very large distribution within the brain, suggesting that the central actions of progestagens in fish probably extend beyond reproductive functions, possibly including neurogenesis, neuronal plasticity, and/or neuroprotection. Figure 5 shows the wide distribution of Pgr in neuroendocrine but also in non-neuroendocrine regions of the brain. Furthermore, Pgr seem to be expressed not only by neurons but also by cells lining the ventricle, suggesting a possible expression in RGC (Hanna et al., 2010). A widespread expression of Pgr was also documented in an African cichlid, *Astatotilapia burtoni*, in similar reproductive and non-reproductive regions (Munchrath and Hofmann, 2010). In this species, the Pgr and its mRNA are distributed throughout the telencephalon and diencephalon, and in some mesencephalic structures. The authors show that Pgr are especially located in key brain regions known to modulate social behavior in other vertebrates, including the proposed teleost homologs of the mammalian amygdala complex, the hippocampus, the preoptic area, and the hypothalamus, and could modulate such social and sexual behavior (Munchrath and Hofmann, 2010).

Our recent data on Pgr expression in zebrafish clearly show that Pgr are expressed both neurons and RGC (Diotel et al., 2011b). Staining sections of transgenic fish expressing green fluorescent protein (GFP) in RGC (*cyp19a1b*:GFP) clearly demonstrated strong staining of such glial cells. Interestingly, Pgr expression was stronger in aromatase B RGC than in neurons. Such an observation suggests that RGC, which are neural stem cells in the brain of adult zebrafish, could represent special targets for progestagen signaling. Progestagens could indeed modulate the activity of RGC, by modifying either their proliferative activity or the fate of the newborn cells. By performing qPCR experiments, we demonstrated that estrogen treatment led to a significant increase in Pgr expression, whereas blocking aromatase activity, and thus reducing estrogen availability, caused a significant decrease of this expression (Diotel et al., 2011b). Altogether these data show that Pgr are widely expressed in the teleost brain and regulated by the





**FIGURE 5 | Aromatase and estrogen, progesterone, and androgen receptors expression in the brain of adult zebrafish.** The estrogen, progesterone, and androgen receptors are represented by red dots in brain sections taken from the zebrafish brain atlas (adapted from Wullimann et al.,

1996). Data on androgen receptors are adapted from Gorelick et al. (2008). Aromatase B-expressing cells are represented in the left panel (according to Menuet et al., 2005) where cell bodies are represented by black dots, while thin lines figure radial processes.

estrogenic environment. Furthermore, the stronger expression of Pgr in estrogen-synthesizing RGC (Diotel et al., 2011b), suggests a key role of steroids and a probably local action of neurosteroids on RGC activity.

### ANDROGEN RECEPTORS

In teleost fish, the number of androgen receptors (AR for the protein and *ar* for the gene) varies according to species. While two potential sequences were cloned in rainbow trout and Atlantic croaker (Sperry and Thomas, 1999; Takeo and Yamashita, 1999; Smolinsky et al., 2010), one of the trout sequences encoded a non-functional protein. In zebrafish, only one sequence was retrieved, which binds 5 $\alpha$ -dihydro-testosterone, 11-ketotestosterone, testosterone, and androstenedione (Jorgensen et al., 2007; De Waal et al., 2008; Smolinsky et al., 2010). This is consistent with the hypothesis that three different events are responsible for the observed diversity of ARs in Actinopterygians: an early whole genome duplication, a parallel loss of one duplicate in several lineages, and a putative neo-functionalization of the same duplicate in modern fish (Douard et al., 2008).

There is only limited data on the distribution of androgen receptor mRNA or protein in the brain of fish. In the electric fish (*Brachyhypopomus gauderio*) AR-immunoreactive cells were detected in different regions of the brain, mainly in the forebrain in the telencephalon, the preoptic area, and the hypothalamus, but also in the hindbrain (Pouso et al., 2010). In this study, the authors also observed AR-positive cells that possibly contact the cerebrospinal fluid. Consequently, such liquor-contacting cells are RGC, whose somata are located along the ventricle. By performing *in situ* hybridization, androgen receptor mRNA expression was found throughout the central nervous system of the plainfin midshipman fish (*Porichthys notatus*; Forlano et al., 2010). The *ar* transcripts were abundantly detected in the forebrain, the parvocellular and magnocellular nuclei of the preoptic area, the nucleus preglomerulosus, and the posterior, the ventral, and the anterior tuberal nuclei of the hypothalamus (Forlano et al., 2010). In this species many of these nuclei are part of the known vocal and auditory circuitry. Indeed, *ar* expression has not only been demonstrated in the midbrain periaqueductal gray but in the inner ear (Forlano et al., 2010). Therefore, this particular AR distribution suggests a role of androgens as modulators of behaviorally defined vocal, auditory, and neuroendocrine circuits (Forlano et al., 2010).

In zebrafish, *in situ* hybridization of androgen receptor mRNA has been performed in the developing and adult brain (Gorelick et al., 2008). Androgen receptor transcript were detected in numerous (neuroendocrine) regions, such as the preoptic area, the ventricular and periventricular layers of the anterior, mediobasal, and caudal hypothalamus, and the periglomerular gray zone of the optic tectum (Gorelick et al., 2008). Interestingly, this distribution neatly matches that of aromatase B and estrogen receptor (ER for the protein and *esr* for the gene) mRNA (see below and Figure 5), suggesting tight links between AR, ER, and aromatase B expressed in RGC.

### ESTROGEN RECEPTORS

In fish, three distinct zfER have been cloned and characterized: ER $\alpha$ , ER $\beta$ 1, and ER $\beta$ 2, corresponding to *esr1*, *esr2b*, and *esr2a*,

respectively. In zebrafish, estradiol binding assays with the three different ER isoforms expressed in rabbit reticulocyte lysate showed that estradiol specifically binds ER, with a dissociation constant ranging from 0.4 (zfER $\beta$ 2) to 0.75 nM (zfER $\alpha$  and zfER $\beta$ 2). *In situ* hybridization experiments clearly revealed a strong expression of each isoform in the anterior and posterior preoptic area, and in the hypothalamus (Menuet et al., 2002). The fact that the estrogen receptors mRNAs exhibit (Oakley et al., 2009) roles of each zfER in estradiol signaling in these neuroendocrine regions (Menuet et al., 2002). Antisera to fish ER have only been raised in rainbow trout and only for ER $\alpha$  (Anglade et al., 1994; Pakdel et al., 1994), showing a strong expression in the ventral telencephalon, the preoptic area, and the mediobasal hypothalamus. Comparing aromatase and *esr1* (ER $\alpha$ ) expression established that a strong aromatase signal occurs in regions expressing *esr1*, such as the preoptic area and the hypothalamus (Menuet et al., 2003). Brain cell cultures indicated that glial cells express ER $\alpha$  (Menuet et al., 2003). In zebrafish, the estrogen receptor isoforms  $\beta$ 1 and  $\beta$ 2 are expressed along the brain ventricles in the telencephalon, the preoptic area, and the hypothalamus (Figure 5). Although this suggests that zfER is present in RGC, no double stainings were performed to provide evidence for estrogen receptor expression in aromatase B RGC. Given the fact that *in vitro* and *in vivo* experiments clearly established that aromatase B expression is up-regulated by estrogens (Le Page et al., 2006, 2010; Cheshenko et al., 2007; Diotel et al., 2010a), it is likely that estrogen receptors are expressed at very low levels in RGC but sufficiently high to up-regulate aromatase expression. In rainbow trout, ER $\alpha$  is consistently expressed in the dopaminergic neurons of the anteroventral preoptic region that are responsible for the inhibition of LH release during vitellogenesis (Linard et al., 1996). On the other hand, in trout, salmon GnRH does not express ER $\alpha$  (Navas et al., 1995). It is likely, that similar to mammals, estrogen feedback on GnRH neuron activity is mediated by kisspeptin-producing neurons. Kisspeptins have recently emerged as key players in the neuroendocrine control of reproduction in mammals (Oakley et al., 2009). Recent data in zebrafish and European sea bass have demonstrated that kiss neurons in the mediobasal hypothalamus are targets for estrogens (Servili et al., 2011).

Recent data document the expression of the plasma membrane-associated estrogen receptor, GPR30, in the brain of adult fish (Liu et al., 2009). However, the precise sites of expression have not been established yet. In the brain of the orange-spotted grouper (*Epinephelus coioides*), GPR30 but not nuclear androgen receptor, revealed a significant increase at 110 days post hatching in the forebrain and midbrain during gonadal sex differentiation (Nagarajan et al., 2011).

### RADIAL GLIAL CELLS: A POTENTIAL SOURCE AND TARGET OF NEUROSTEROIDS?

In mammals (Zwain and Yen, 1999; Sinchak et al., 2003; Lavaque et al., 2006; Do Rego et al., 2009) and other vertebrates such as amphibians (Do Rego et al., 2009; Bruzzone et al., 2010) and birds (Schlinger et al., 1994), steroidogenic enzymes are expressed in both neurons and astrocytes. In teleosts, there is accumulating evidence to suggest that typical astrocytes are lacking. This is not surprising as RGC, from which mammalian astrocytes are

derived, persist throughout adulthood (Menuet et al., 2005; Pellegrini et al., 2007; Diotel et al., 2010a; März et al., 2010), at least in the forebrain. Therefore, the possibility exists that RGC retain some ancestral functions of astrocytes, in particular the capacity to produce neurosteroids.

### RADIAL GLIAL CELLS EXPRESS THE TRANSCRIPTS OF THE MAIN STEROIDOGENIC ENZYMES

Based on immunohistochemistry using an aromatase B antiserum and tg(*cyp19a1b*-GFP) transgenic fish that expresses GFP under the control of the *cyp19a1b* promoter, there is no doubt that aromatase B is expressed in RGC and only in such cells. This conclusion is reinforced by the fact that aromatase B is co-expressed with well-characterized markers of RGC such as brain lipid-binding protein, GFAP, and nestin (Diotel et al., 2010a; März et al., 2010). Thus, all these studies point to RGC as the unique site of aromatase B expression. However, surprisingly, in contrast to what has been observed in the brains of the rainbow trout and the plain fin mid-shipman (Forlano et al., 2001; Menuet et al., 2003), the *cyp19a1b* mRNA in the brain of zebrafish has also been detected in high amounts in the RGC processes and their end feet (Pellegrini et al., 2005; Diotel et al., 2010a,b, 2011a). In fact, there is a virtually perfect overlap between the distribution of aromatase B and that of the corresponding mRNA in RGC (Menuet et al., 2005; Pellegrini et al., 2007; Kah et al., 2009; Tong et al., 2009; Diotel et al., 2010a,b; März et al., 2010). This is further supported by the fact that performing aromatase B immunohistochemistry after *cyp19a1b* *in situ* hybridization clearly showed that *cyp19a1b* mRNAs, detected in the brain parenchyma remote from the ventricular layer, were localized inside the RGC processes and accumulated in the end feet of RGC at the periphery of the brain (Diotel et al., 2010b, 2011a). These data demonstrate that *cyp19a1b* mRNAs are transported inside RGC processes (Menuet et al., 2005; Pellegrini et al., 2005; Kah et al., 2009; Diotel et al., 2010a,b).

As previously mentioned, *cyp11a1*,  $3\beta$ -*hsd*, *cyp17*, and *cyp19a1b* transcripts are widely expressed in the forebrain, such as at the junction between the olfactory bulbs and the dorsal telencephalon, in the pallial and subpallial regions, and in the dorsomedial and dorsolateral telencephalon (Diotel et al., 2011a). These transcripts are also present in the preoptic area and the mediobasal hypothalamus. In addition, an *in situ* hybridization signal was observed in the nuclei surrounding the lateral and posterior recesses, in the optic tectum, in the valvula, and in the corpus cerebellum. As appeared from observations on parallel sections (Figure 4), in most of these regions the overall expression patterns of the *cyp11a1*,  $3\beta$ -*hsd*, *cyp17*, and *cyp19a1b* genes are very similar.

In contrast to the strong *cyp19a1b* staining, the hybridization signals generated by the other probes are much lower and consistently appear as small dots that do not necessarily corresponds to cell somata as shown by nuclear DAPI staining. Thus, *cyp11a1*,  $3\beta$ -*hsd*, and *cyp17* mRNAs can occur at sites remote from cell somata, in a way similar to what has been described for *cyp19a1b* mRNAs (Diotel et al., 2011a). Consequently, it is likely that part of these mRNAs could, similar to *cyp19a1b* mRNAs, be exported in processes of RGC. The existence of such mRNA in neuronal and/or glial processes is well established nowadays (Martin and Zukin, 2006; Lin and Holt, 2008; Raju et al., 2008). In mammals,

transcripts can be found to form “mRNA granules,” sometimes considered as remnants of an “ancient RNA world.” Such granules contain independent translational units, capable of moving within the cytoplasm and allowing delivery of mRNAs at specific sites of the cell for later activation. These RNA granules could thus exert a post-transcriptional control over gene expression (Anderson and Kedersha, 2009) and play a role in plasticity and regulation (Martin and Zukin, 2006; Lin and Holt, 2008; Raju et al., 2008).

Aromatase B immunohistochemistry following *cyp11a1*,  $3\beta$ -*hsd*, and *cyp17* fluorescent *in situ* hybridization, has shown that at least part of these mRNAs occur in RGC somata and/or in their processes (Diotel et al., 2011a). Consequently, RGC could express the whole series of steroidogenic enzymes and thus be genuine steroidogenic cells. Such data are particularly relevant given the fact that RGC are well established as progenitors cells in the adult fish brain. Indeed, RGC are neural “stem cells” that support to a high degree the active neurogenic activity observed in adults (Pellegrini et al., 2007; Kah et al., 2009; Diotel et al., 2010a; März et al., 2010).

### RADIAL GLIAL CELLS ARE TARGETS FOR STEROIDS

It is now well documented that the *cyp19a1b* gene is up-regulated by estrogens only in RGC, indicating strong cell specificity (Menuet et al., 2005; Pellegrini et al., 2005; Le Page et al., 2008, 2010; Mouriec et al., 2008; Diotel et al., 2010a). *In vitro* studies have shown that E2 up-regulation of a *cyp19a1b*-luciferase reporter gene in the presence of ER can be achieved only in some cell types such as in the human astrocyte cell line U-251MG. Integrity of the estrogen-responsive element (ERE) located at -348 bp of the *cyp19a1b* promoter is a prerequisite for this estrogenic regulation (Menuet et al., 2005; Le Page et al., 2008). However, a short sequence of 20 bp called GxRE and located upstream the ERE, appears as an important actor of the cell specificity and regulation by estrogens derived from *cyp19a1b* (Le Page et al., 2008). This GxRE motif seems to act as an autonomous *cis* element, by increasing the estrogenic up-regulation of *cyp19a1b*, exclusively in the glial cell context (Le Page et al., 2008). When comparing the distribution of steroid receptors with that of aromatase B (Figure 5), it is clear that overlap exists, suggesting the expression of steroid receptors in RGC, especially in neuroendocrine regions. Indeed, estrogen receptors  $\beta 1$  and  $\beta 2$  transcripts are present in the ventricular layers in the subpallial and pallial regions, the preoptic area, and the mediobasal hypothalamus (Figure 5). Thus, the current assumption is that estrogen receptors are probably expressed at low levels in RGC, but sufficiently high to induce *cyp19a1b*, due to the gene's high sensitivity to estrogens. More recently, it was shown that the nuclear Pgr is induced by estrogens in RGC of zebrafish (Diotel et al., 2011b).

Similarly, androgen receptors exhibit an overall pattern similar to that of ER $\beta$  in many regions. According (Gorelick et al., 2008), androgen receptors transcripts are detected in the ventricular layer in RGC. These data suggest that part of the *ar* mRNA is expressed in such cells. The molecular targets of potential androgen receptor in the RGC remain to be established.

Finally, Pgr were recently shown to be widely expressed in the brain of zebrafish, in particular in aromatase B RGC (Hanna et al.,

2010). Consequently, it appears that RGC, at least part of them, express nuclear estrogen receptors, androgen, and Pgr.

## EXPRESSION OF STEROIDOGENIC ENZYMES DURING DEVELOPMENT

There are limited data regarding the early expression of steroidogenic enzymes in the brain of fish. In fact, detailed information is only available for *cyp19a1b* which expression increases progressively during development. In particular, there is a significant increase between 24 h post fertilization (hpf) and 48 hpf, which seems to be linked to a simultaneously increasing ER expression (Mouriec et al., 2008, 2009b). This basal expression of aromatase B is thought to be ER-mediated, because it can be blocked by specific estrogen antagonists (Mouriec et al., 2009b). In rainbow trout, Vizziano-Cantonnet et al. (2011) demonstrated expression of *cyp11a1*,  $3\beta$ -*hsd*, *cyp17*, and *cyp19a1b* at early stages of brain development. Interestingly, using genetic monosex populations, it was shown that *cyp11a1*,  $3\beta$ -*hsd*, and *cyp19a1b* mRNA levels, but not those of *cyp17*, were higher in males than in females over the period of gonadal sex differentiation (35 to 63 days post-fecundation), suggesting a function of neurosteroids in brain sexual differentiation. Furthermore, mRNA levels of the three ER genes, *esr1*, *esr2a*, and *esr2b*, were also much higher in males than in females (Vizziano-Cantonnet et al., 2011). In the same line, Tomy et al. (2007) have suggested that the brain of black porgy (*Acanthopagrus schlegelii*), a protandrous hermaphrodite fish, has the capacity to produce neurosteroids that might be important for sex changes in the brain.

## CONCLUSION AND PERSPECTIVES

Similar to that of mammals, amphibians, and birds, the brain of teleost fishes emerges as a steroidogenic organ. Thirty years after the pioneer studies documenting elevated aromatase and  $5\alpha$ -reductase activities in the brain of different species (Callard et al., 1978), it seems established that a wide variety of neurosteroids can be produced from cholesterol. In comparison with other vertebrates, the remarkable feature of teleost fishes lies in the fact that the steroidogenic enzymes seem to be preferentially expressed within RGC. While this is very clear in the case of aromatase, this assumption needs to be reinforced in the case of other enzymes such as *cyp11a1*,  $3\beta$ -*hsd*, and *cyp17*. Furthermore, while it is known that  $5\alpha$ -reductase is very active in fish brain, nothing is known on its sites of expression. Experiments in progress should identify where  $5\alpha$ -reductase mRNA and protein are expressed. Indeed, there is good evidence in zebrafish that the brain can convert testosterone or dihydrotestosterone into  $5\alpha$ -androstane-3 $\beta$ , 17 $\beta$ -diol (betadiol), and that this androgenic compound

can efficiently activate zebrafish ER (Mouriec et al., 2009a) similar to what was already evidenced in mammals.

We hypothesize that such locally produced steroids act in a way similar to what has been described for sex steroids in mammals or fish, acting especially on reproduction, sexual behavior, neurogenesis, brain plasticity, and regeneration (Do Rego et al., 2009). A key issue will be to examine how all these enzyme expressions and activities are regulated. In amphibians, recent data suggest that classical neurotransmitters as well as neuropeptides finely regulate neurosteroid biosynthesis (Do-Rego et al., 2006; Do Rego et al., 2009) and this important aspect needs to be examined in fish as well.

In the brain of adult zebrafish, the main steroidogenic enzymes mRNAs, *cyp11a1*,  $3\beta$ -*hsd*, *cyp17*, and *cyp19a1b* exhibit an overall similar pattern, particularly in neuroendocrine brain regions. Furthermore, parts of the *cyp11a1*,  $3\beta$ -*hsd*, and *cyp17* transcripts are expressed in aromatase B-containing RGC. These data suggest that RGC are true steroidogenic cells in addition of being neurogenic (Pellegrini et al., 2007; Diotel et al., 2010b; Strobl-Mazzulla et al., 2010). This fact is particularly interesting given the fact that the whole steroidogenic chain is expressed in neurogenic regions, such as the ventral telencephalon, the preoptic area, the hypothalamus, and the cerebellum (Diotel et al., 2011a), and that RGC are neural progenitors (Adolf et al., 2006; Chapouton et al., 2007; Pellegrini et al., 2007; Kah et al., 2009; Lam et al., 2009; Diotel et al., 2010a; März et al., 2010). Because radial glial stem cells appear to be targeted by steroids (i.e., by estrogens, progestagens and, possibly, by androgens) and in view of our recent demonstration that a steroidogenic environment modulates brain neurogenesis in adults (Diotel et al., unpublished), it is likely that one of the functions of these neuroactive steroids is to modulate this neurogenic process. In mammals, “neurosteroidogenesis” occurs in regions of the brain implicated in learning, such as the hippocampus. This suggests key roles of neurosteroids in cognitive brain functions (Baulieu, 1997; Tsutsui and Ukena, 1999; Tsutsui et al., 1999; Compagnone and Mellon, 2000; Mellon et al., 2001; Do Rego et al., 2009). Similarly, it could be possible that locally produced steroids in fish act at synaptic and dendritic spine plasticity in order to modulate behavior and/or also brain sex changes, which is a unique feature of teleost fish among vertebrates (Le Page et al., 2010). However, the underlying mechanisms are far from being deciphered and may require years of exciting but promising research.

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